

Respiratory Virus Guidance

Effective March 5, 2024

According to the Centers for Disease Control and Prevention (CDC), COVID quarantine guidelines have changed to align with other respiratory viruses. AJ Preschool staff and enrolled families are asked to follow the CDC's *Respiratory Virus Guidance* as provided below:

COVID-19 POSITIVE or other RESPIRATORY ILLNESS

Testing positive for COVID-19 will no longer mean prolonged isolation for most people. Those with COVID whose symptoms are improving and have been fever-free for 24 hours without medication can return to school.

If a child (over the age of 2) or AJ Preschool employee has returned to school with lingering but improving symptoms from COVID or any other respiratory illness might consider wearing a mask indoors if cough is easily spread.

If a child (under 2 years of age) has lingering but improving symptoms from COVID or any other respiratory illness, it might be best to remain home until symptoms have resolved.