

- **My child has been EXPOSED to someone who has tested positive for COVID but there is no ongoing exposure (person does not live with your family).**

Your child will need to QUARANTINE for 7-10 days beginning the day after exposure.

*Option 1: Must have no symptoms, test on or after Day 5 (must be lab-resulted PCR with child's name and the date of test), can return on Day 8 if negative

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| Exposure Day 0 | Quarantine-Day 1 | Q-Day 2 | Q-Day 3 | Q-Day 4 | Q-Day 5 Test | Q-Day 6 |
| Q-Day 7 | Return | | | | | |

*Option 2: If you choose not to test or child develops any symptoms then they must quarantine the full 10 days

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| Exposure Day 0 | Quarantine-Day 1 | Q-Day 2 | Q-Day 3 | Q-Day 4 | Q-Day 5 | Q-Day 6 |
| Q-Day 7 | Q-Day 8 | Q-Day 9 | Q-Day 10 | Return | | |

- **My child has been EXPOSED to someone who has tested positive for COVID that lives in the same household.**

Your child will need to QUARANTINE for 7-10 days beginning 5 days after the household member either developed symptoms or tested positive (whichever came first).

*Option 1: Must have no symptoms, test on or after Day 5 of quarantine (must be lab-resulted PCR with child's name and the date of test), can return on Day 8 if negative {Quarantine period begins 5 days after the household member either developed symptoms or tested positive (whichever came first)}.

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| Onset/Test-Day 0 | Exposure Day 1 | Exposure Day 2 | Exposure Day 3 | Exposure Day 4 | Exposure Day 5 | Quarantine-Day 1 |
| Q-Day 2 | Q-Day 3 | Q-Day 4 | Q-Day 5 Test | Q-Day 6 | Q-Day 7 | Return |

*Option 2: If you choose not to test or child develops any symptoms then they must quarantine the full 10 days beginning 5 days after the household member either developed symptoms or tested positive (whichever came first).

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| Onset/Test-Day 0 | Exposure Day 1 | Exposure Day 2 | Exposure Day 3 | Exposure Day 4 | Exposure Day 5 | Quarantine-Day 1 |
| Q-Day 2 | Q-Day 3 | Q-Day 4 | Q-Day 5 | Q-Day 6 | Q-Day 7 | Q-Day 8 |
| Q-Day 9 | Q-Day 10 | Return | | | | |

- **My child has been EXPOSED to someone who has tested positive for COVID but they have had it in the last 90 days.**

If a child has had a documented COVID-19 illness in the three (3) months prior to an exposure, then they will not be subject to quarantine. The preschool office MUST have copy of their positive test result showing their name and date of result on record to submit to the Health Department.

- **My child has TESTED POSITIVE for COVID.**

Your child will need to ISOLATE for 10 days beginning either when they developed symptoms or tested positive (whichever came first).

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| Onset/Test-Day 0 | Isolation-Day 1 | I- Day 2 | I- Day 3 | I- Day 4 | I- Day 5 | I- Day 6 |
| I- Day 7 | I- Day 8 | I- Day 9 | I- Day 10 | Return | | |

- **Is AJ considering changing their guidelines to shorten quarantine or isolation periods?**

AJ does not set the guidelines for quarantine or isolation. We follow the guidelines that are sent to us from the Cabinet for Health and Families Services (which licenses daycares) and the Dept of Public Health. Any time they update their guidance, we update ours to match.